

UFO FORUM BULLETIN

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It appears that the interservice rivalry is an effort by each to cut as big a slice of the tax mellow as possible. Each strives to make it appear that their particular branch is absolutely essential to the defense of the country before war and for the successful termination of any war started by another power. Since both offense and defense is a many faceted if not splended thing, when one sets itself up as the ultimate and most necessary it invariably is shown eventually as being short-sighted and not infrequently stupid.

There is, at times, even apparent rivalry for the latter. Related to the foregoing statement is the fact that the Navy is luckier than it is smart. As was pointed out so cogently in the article in the Reader's Digest which I suggested in the last bulletin that all should read, the atom powered submarine, at the present, seems to be the best hope we have for retaliation in the event of an attach. They are fast, they can stay submerged for weeks on end and their fuel problem is almost nonexistent, relatively speaking. It would be impossible for an enemy power to know their whereabouts, something not true of air fields, aircraft carriers and missile launching sites. Now that things are cracking open in Washington and investigation after investigation is cropping out all over like a case of belated hives, it has come out how and why we have an atom powered submarine. It makes reading that must have the Navy wishing they could stamp "CLASSIFIED" on double domes. From testimony given at the Senate Preparedness Investigating Subcommittee it appears that we now have an operational atomic submarine because the Navy was so indifferent about the whole thing that they didn't even bother to stop it. I refer to the vicissitudes of Admiral Hyman Rickover who went ahead and gave the Navy what appears to be their best weapon in the face of something actually worse than overt opposition in many ways...indifference.

My information for this particular bit of writing comes from the column of George Sokolsky as carried in the 1-25-58 issue of the State Times.

The Navy group that was sent to Oak Ridge in 1946 to learn reactor technology were finally and after considerable opposition formed into a team for work on the Nautilus which was even then on Rickover's mind. But according to Rickover, "...the group was broken up as soon as we came back (to Washington) and we were split. In fact, the thought at the time was not to let me stay in Washington but to send me (back) to Oak Ridge as a declassification officer, some clerical job. But fortunately there were other voices in Washington. I was kept on and I was assigned this job all by myself, and given an office in an ex-ladies powder room". I assume Admiral Rickover made a slip of the tongue there and rather than placing a question mark on the ladies which had used the room, he meant "ladys' ex-powder room". After he was allowed to stay in Washington and produce in an ex-powder room he spent three months getting Admiral Nimitz's, Chief of Naval Operations, signature to a letter giving him as he put it, "hunting license". Now he had a hunting license but no gun or ammunition. No money. Sokolsky comments, "This is cited as an example of things that happened that made the Russians defeat us in a field in which Americans have always been preeminent, engineering and manufacturing". It took three years from the time the small group of Naval officers were sent to Oak Ridge before all the arrangements could be made between the Bureau of Ships of the Navy, the Chief of Naval Operations, and the Atomic Energy Commission to make it possible for an organization, jointly controlled to come into existence to plan a nuclear submarine.

Sokolsky concludes thusly: "It is all so human, too human. We got the nuclear submarine ahead of time because those who craved success would not touch what looked like a crackpot idea". I must disagree on one point. I do not agree that we got one ahead of time.

Civilians like most of us have to sit back and wait until something comes out in the newspapers before we can hear the ponderous wheels of government grind. Right now I'd like to hear that part of the intended "crash program" is the building of a whole fleet of nuclear subs, which can carry fourteen to sixteen missiles. I'd like to hear that pending the building of this formidable fleet our conventional type subs were being fitted with Snorkel tubes, with launching platforms mounted and operational. Although the Navy is necessarily a more versatile thinking service I suppose Admiral Rickover's idea was too much.

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Whitney Bolton, Columnist, in the State Times of 1-25-58 quoted a novel idea from Jimmy Grippo, hypnotist, magi and seer, to the effect that the top scientists in the country should be hypnotized by him to release their subconscious excellence and reduce conscious fears and inhibitory blocks. Whitney who is a kind of tongue-in-

cheek writer at times, might have been attempting light whimsy but, and of course it will never be done, the idea has its attractions. Many a good idea must have lain dormant because, whether we like it or not, our mind since birth have been conditioned to react to certain stimuli in a certain manner. Of course, anyone who departs even a little from stereotype, necessary for any sort of originality, must suffer to varying degrees from the outcry of his conditioned reflexes. It takes a strong superconsciousness to shake loose from subconscious conditioning and I'd say offhand that no one is ever completely successful. Which, of course, is a good thing. If it could be turned on and off at will then things would be fine. I suppose men like Steinmetz, Oppenheimer, Bush, Tesla and other men of like caliber had a system by which their bizarre (but productive) departures from early conditioning was accomplished. Subjectively, I suppose they conceived of something unheard of but by making it seem practical and rational to themselves they kept peace with their id. Theoretically, I'd say that in the absence of the conditioned reflex there could be achieved, perfect rapport between the id and the superconsciousness. And it would appear that since everyone has conditioned reflex the only means by which this rapport could be achieved is by Hypnosis. It's something to think about. Care to comment Dr. Kirkpatrick?

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While on the subject of psychiatry I'd like to give some ideas as advanced by Dr. Walter C. Alvarez in the State Times medical column. Since I have quoted Dr. Alvarez before and will probably do so again I think it proper to say a few words about him, gleaned from the excellent new medical magazine "M.D." He's 73 years old and doesn't have vapors because he's a physician. By the same token he doesn't mind dispelling the vapors of his fellows. He published his first paper in 1906 in the Journal of the American Medical Association. He attended Cooper Medical College (Now Stanford) practiced, then entered Harvard for more study. In 1925 he was associate professor of medicine at University of California School of Medicine. Later he gave up practice and professorship to join the staff of the Mayo Clinic where he stayed 25 years. He says, "During my several lives I drifted into psychiatry. My own patients drove me to it when I found that one-third of them needed psychiatric help". His most controversial thesis (in psychiatric circles) is that many psychosomatic disorders are the result of inherited neurologic or somatic weaknesses. He has edited the following magazines, "American Journal of Digestive Diseases", "Gastroenterology", "Modern Medicine" and "Geriatrics". So...when the old boy speaks I listen. Anyhow, it's nice to have someone like Dr. Alvarez agree with one's concepts...or maybe I should say I agree with his. This is what I saw in the column mentioned above. He asked a famous psychiatrist one day at lunch why he and so many of his colleagues were playing down the facts of heridity. The answer to that I find intriguing. Quote: "Well, first, I think we feel it is just too discouraging to say to a patient that, because his family is shot full of psychosis he and some of his children could get the disease..."

Second, if I could not more or less close my mind to the importance of heridity I'd get so discouraged I could hardly go on trying to help many of my patients. Third, "and here he blushed a bit," there is so much insanity in my family that, when I look at my children I feel happier saying that psychosis is due mainly to environment. Finally, some of my colleagues are trying to raise money for research in psychiatry and if you admit that insanity is hereditary everyone will assume that little can be done and hence no one will give you any money". Dr. Alvarez continues..."The reason why I keep fighting for truth in this field is that, all my life I've been a student of science and the history of science and I cannot remember any situation in which men were able to learn much when they refused to face some facts which they personally did not like".

I wonder what, besides more and higher distilled double talk, could come out of research carried on by psychiatrists like Dr. Alvarez's friend? I'd advise against research entirely. To begin with what psychiatrist (Freudians, that is) has done any research since their messiah died? And what good did it do since they swoon at his ectoplasmic feet and treat his every utterance with fawning capitulation? Psychiatry (Freudian variety) is the only branch of medicine known that began knowing everything and went downward. I say this because anyone who has not learned anything since Freud, who has to refer back to him for his therapeutic handsprings must necessarily be less informed than Freud himself.

Samples, some points made at the meeting of the Academy of Psychosomatic Medicine in Chicago, as reported by "M.D.". "Being chopped eviscerated or devoured are the repressed fears of many obstetric patients. Physicians should familiarize future mothers with the nature of such fantasies, help them admit their fears and prevent postpartum depression". This by E. Bergler of the Freud Clinic. Another point made at the meeting was that old wives tales are responsible for morning sickness and other discomforts of pregnancy. If an old wife tale can cause symptoms as described how much worse would it be for a respected physician to implant the suggestion that it might happen that an expectant mother would have fears of being



evisterated chopped up...et al? Or is an old wife especially equipped to set up such reactions? One more thing. In no instance in these notes from this meeting was there the slightest suggestion of proof for their ideas. If anyone got up and argued with them, it is not recorded. At least one man at a meeting in Chicago had this to say and I for one applaude it. "It is time that the psychiatrists returned to the insane asylums and laboratories which they were so glad to leave and try to discover whether their theories have any validity or not".

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Some headlines from NICAPS "UFO Investigator".

"Did the Air Force deceive the public about the November sightings" (They sure did)  
 "Air Force General (Kelly) admits UFO sightings kept from Public".  
 "Air Force denies witnesses muzzled despite order at Dallas" (Well, let's make up our feeble minds)  
 "Metal object from skies (over Maryland) rushed to ATIC for analysis". (They might as well have tossed it into the Cheseapeake Bay)  
 "Spherical object climbing toward the moon reported by Swedish government". (If this gets around the Air Force, Army and Navy won't speak to the Swedish government)  
 "Coverup suspected in reported air-UFO chase. Civil Aeronautics board disapproves UFO pursuit by airliners". (Well, that's nice of the CAA. If a jet can't catch them what chance does a DC 3 stand?)  
 "Deputy Chief of Naval Operations denies UFO "Shoot to Kill" order".  
 "NICAP governors say U.S.space operations should give definite UFO evidence". (I hope something does)

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I suppose most of you saw the TV show on UFOs. I guess it was too much to hope that anything constructive could come out of it. It was an opportunity for the Air Force to parrot their wormy cliches and "explanations". It was opportunity (not that he needed it) for Dr. Menzel to get up and arrogantly reassert his own theories which have just about buried him. The Mantell case was aired again and the mystery only deepened. If an F-51 Mustang couldn't catch a free balloon (which is what the TV "experts" are still stuck with" one wonders how they ever shot down an enemy plane during the war. If Mantell, an experienced and level headed flyer couldn't recognize lessening oxygen in the air in time to use his oxygen equipment how did he live to become an ace. Instead of all the guff that was blown about at the time relative to the probability that Mantell had suffocated from oxygen starvation why didn't somebody have enough gumption to perform an autopsy on his remains? There was no suggestion that he was so badly torn apart that one couldn't have been performed. Even if it had, I think some M.D. criminologist such as Dr. Lemoyne Snyder could have told easily enough whether Mantell had died from lack of oxygen. He might also have told what he did die from. Or maybe the Air Force was afraid of that very thing.

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The Investigator reveals that the Army is doing anti-gravity research. I expect the Air Force to start screaming and get Congress to make the Army give up its marbles in favor of USAF. It intrigues a layman to try to envision what constitutes gravity research. Is it the testing of any number of ideas as to what will work? Is there any effort to try to discover exactly what gravity is? Or, like electricity, can it be conquered without actually knowing what it is?

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I'd like to believe as do some that UFOs are ours. There are, however, some practical objections to their being terrestrial. First, if we have them then what's all this money being poured into a rathole building missiles? I got other uses for my part. If we have them then I think our missile program is going a little strong just to make Russia think we don't have saucers. If they're Russias then the bear has failed to growl about it and it'd be the first time they failed to make the most out of a new discovery propaganda wise. Second, if we can build a saucer with the speed, maneuverability they have, not to mention size and engineering triumphs...how can we be so fumble footed missile-wise?

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This business about one twin taking off into the wild midnight yonder, staying gone for years and coming back the same age as when he left and finding his brother a bent old man just can't sit easily on my mind. No one has described just what halt the speed of light or whatever speed is being used has on the normal deteriorative proesseses of the human body. The body doesn't know anything about time as such. For convenience sake we've arbitrarily tacked time onto ourselves as a measurement but what in space travel can keep cells from degenerating, effect

metabolic changes, slow or stop oxidation which is a great cell destroyer? I'd think that all these aging changes would happen no matter what we did to the clock from a mathematical sense. It is certainly implied that bodily degeneration, usually tacked onto some sort of time measurement, will in some manner be arrested but I haven't seen any facts to back this up. Oxidation, if stopped, halts one of the most important bodily functions and would be fatal.

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One of the peculiarities of Sigmund Freud, which the layman would classify as bursts of insight, and deplore that he didn't have more of them, and his followers would probably call a moment of weakness or indecisive rambling, is that he apparently knew that he and his contemporaries had embarked upon uncharted waters. It is a pity that this knowledge did not have a profounder effect upon his writings. Most medical men deplore his habit of reaching sweeping conclusions on the strength of a very few or even single cases, but one example I think stands out, particularly in the light of recent advances made in brain-behavior research...made of course by others than those of psychoanalytical leanings. Quoted in September "M.D." Freud says, "All our provisional ideas on psychology will some day be based on organic substructure". Yes, the great man himself said it but the question arises as to why so many of his followers would rear up and join battle at the very suggestion that any such thing was true.

Speaking on the subject of psychiatry in the same issue editor Dr. Felix Marti-Ibanez has this to say, "An organicistic approach, integration with other sciences, and clarity of communication seem to be the immediate objectives of physiodynamic psychiatry". He has something else to say on the matter of clarity of communication. "Since psychiatry is dedicated to the study of alterations in human communication, it, more than any other medical discipline, should render its own communication system less confusing". Now Dr. Marti-I., would you deprive them of their mainmast in round seas? The only excuse in any science for an esoteric jargon is one of confusion. Whether it is to confuse the patient (in which case there just might be some small excuse for it) or each other, which must happen in a considerable number of instances, a mere man of medicine will often admit without blushing that he isn't quite sure what they are talking about. Naturally, every science has its own nomenclature, but in most cases even the highest flown strata of abstruse terminology can be reduced to simplicity. When it isn't or can't be then there must be a reason which will ring like a lead nickel.

Psychiatry bemoans that polio, with an average of 38,000 cases (I suppose they mean current), cancer, heart, muscular dystrophy...all of these get a great deal of money while mental health research doesn't. It occurs to me that if there are many researchers like Dr. Alvarez's friend who can ignore a verity simply because it is unpleasant to him, the answer might be right there. A psychiatrist of the Physiodynamic school might get some money because he'd probably tell some potential donor, within limits, of course, where he expected to go and what he might find when he got there. Those of the psychoanalytical schools would find this somewhat more difficult.

Here is a paragraph from "M.D." I like although it is presented much more euphemistically than pleases either me or Dr. Alvarez. "The future (of psychiatry) lies in an integration between investigators in experimental medicine, biochemistry, endocrinology, and atomic physics. Breakdown of frontiers between these disciplines must lead to clearer common concepts, until recently obfuscated by specialized terminology". (Italics mine)

A letter in the next issue of "M.D." deplores that the editor used the phrase... "cooperation between psychiatrists and physicians". The writer objected saying it should have read, "between psychiatrists and other physicians". I submit that "M.Ds." use of their phrase was not carelessly done. I'm sure that they implied "other physicians", in all cases where it would have been proper to do so. In any case they did not comment on the objection. They didn't apologize.

It's happening even in Europe. At the International Congress on Psychiatry in Zurich last year this was agreed upon. "...schizophrenia as the product of metabolic disorders is now being widely held by world psychologists, rapidly superceding the earlier psychoanalytic concepts". Says Dr. Marti-I., not specifically on psychiatry but quite applicable, "Lucidity of expression is synonymous with quality of thought".

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"Blood is a most unusual sap" - Goethe

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Well, we finally, via the Army Jupiter, got our satellite in the air...or out of it and the fact that we were late invites comment but we're always late and the state of atomic warfare is now at the point where the fates are with the early bird all the way.

In LOOK MAGAZINE January 18th issue is an article on the American Male having to do with the tremendous forces in action to make him conform. I think I mentioned in another bulletin that one of our top writers William Faulkner told a class on journalism at the University of Virginia (I think) that it took a great deal of time and effort to avoid conformist traps adding that when a man began to channel his thinking into predetermined channels, predetermined, of course, and dug by other conformists who got it from someone else, then he was through as a progressive thinker and such originality as he might have had was atrophied on the vine, so to speak. This article which I am impelled to put into the MUST category describes these forces perfectly and yells at the top of its voice that it must stop. It described a child going to school who didn't care to indulge in hi-jinks and other preadolescent mummery, who was withdrawn and did a great deal of reading especially on scientific subjects. The teacher and one of her so-called psychology experts were offended to the quick by the fact that this lad boogered up their statistics and didn't want to become one of their gibbering norms. They moved heaven and earth trying to hammer the little fellow and his mother and father (in order to get their cooperation in the conspiracy) into their shoddy prefabricated mould. I's glad to report that all their efforts came to nought but with a less stubborn lad such might not have been the case. Look says, "The nations loss of leadership in the international brains race has laid to rest the myth of a comfortable "mediocracy". No longer is it possible to find satisfaction in the fact that our scientists and leaders are good guys team players and airtight security risks. The present age, as every other, demands dedication, daring and persistent individualism. Conformity is becoming the favorite topic for table talk". Not at my house it isn't.

To take a child and start beating him into a preconceived mould is criminal stupidity. Enough of them will fall into the mould and never emerge so the act of enforcing or trying to enforce it is gratuitous and inexcusable.

Quoting LOOK further: "True individualism has little to do with wearing a beard or painting a development house black; it is the ability to love and make moral decisions as an individual. Similarly, teamwork and group action are not undesirable until they become ends in themselves, until adjustment to The Group becomes a way of life".

If the teacher and the psychologist had gone to school for anything but to eat their lunch they'd have realized the simple primary psychological problem with which they were faced. The boy they were so worried about was so vastly ahead of the mass of cavorting normals mentally that they bored him to extinction, therefore he sought interest in books and was withdrawn from them because they could not match him in intellect and their conversation and mental activities were far below his own. Having to associate and converse with a dullard is a painful operation. "Many have no happier moments than those they pass in solitude abandoned to their own imagination which sometimes puts scepters in their hands or miters on their heads, shifts the scene of pleasure with endless variety, bids all the forms of beauty sparkle before them, and gluts them with every change of visionary luxury". ----Johnson.

"Not armies, not nations have advanced the race; but here and there, in the course of ages, an individual has stood up and cast his shadow over the world" ---Chapin